



Sea Cadets

SEA CADET SPECIALISATION PHYSICAL TRAINING EXAMINATION COURSE

TO BE ATTACHED TO THE CADET'S SCC FORM P10 UPON COMPLETION

FORM
SCC
T7(PT)
AUG
2001

Supersedes all previous copies, which should now be destroyed

Unit Name (Not TS Name)	No.	District	Area
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Section A: Cadet Details

Surname	Forenames	
Date of Birth	Rate	Date Rated
Cadet's Signature	Date	

Section B: Commanding Officer's Certificate

DISTRICT/AREA BOARDS

The applicant is in all respects ready to take the Class examination, and the relevant completed Task Book will be produced to the board.

DISTRICT/AREA/NATIONAL COURSES

It is confirmed that the applicant has satisfactorily completed the Class Specialisation and is ready in accordance with Training Instructions for the Class Course and Subsequent examination

Commanding Officer's Name	Rank/Rate
Commanding Officer's Signature	Date

Section C: For Completion by the Examining Officer/Instructor

The above named Cadet has:

1. Passed the Specialisation Examination for Class and has qualified for Points in accordance with TIs.
2. Passed provisionally the Specialisation Examination for Class
3. Failed the Specialisation Examination for Class (ie. Failed more than two subjects)

Name of Officer/Instructor	Rank/Rate	Appointment
Signature	Date	

Section D: The Examination

Name of Cadet

PHYSICAL TRAINING SPECIALISATION
TO BE COMPLETED BY A QUALIFIED INSTRUCTOR AND
FORWARDED TO THE CADET'S UNIT

3RD CLASS			2ND CLASS			1ST CLASS		
SUBJECT	APTITUDE	ASSESSMENT	SUBJECT	Pre PT 2	ASSESSMENT	SUBJECT	Pre PT 1	ASSESSMENT
Physical Training Courses	APT-1	PT3-1	Physical Training Courses	Pre PT2-1	PT2-1	Physical Training Courses	Pre PT1-1	PT1-1
Safety Awareness/First Aid	APT-2	PT3-2	Recreational Training Games	Pre PT2-5	PT2-5	Daily Exercises	Pre PT1-4	
Swimming	APT-3		Fitness Assessment	Pre PT2-6	PT2-6	Recreational Training Games	Pre PT1-5	
Daily Exercises	APT-4	PT3-4 /20	Appearance	Pre PT2-7 /12	PT2-7 /12	Fitness Assessment	Pre PT1-6	PT1-6
Recreational Training Games	APT-5	PT3-5 /20	Sports Teams	Pre PT2-8	PT2-8	Appearance	Pre PT1-7 /12	PT1-7 /12
Fitness Assessment	APT-6	PT3-6	PF & RT Table	Pre PT2-9	PT2-9	PF & RT Table	Pre PT1-9	PT1-9
Appearance	APT-7 /12	PT3-7 /12	Potted Sports	Pre PT2-11	PT2-11	SCC PT Syllabus	Pre PT1-10	
Sports Teams	APT-8		PT Duties		PT2-13	Potted Sports	Pre PT1-11	
PF & RT Table	APT-9	PT3-9	Display Work	Pre PT2-14	PT2-14	Conducting Assessments	Pre PT1-12	PT1-12
SCC PT Branch	APT-10	PT3-10	IM within the PT Structure		PT2-15	PT Duties	Pre PT1-13	
Potted Sports		PT3-11	Competitions		PT2-16	Display Work	Pre PT1-14	PT1-14
						IM within the PT Structure	Pre PT1-15	PT1-15
						Competitions	Pre PT1-16	PT1-16

Awarded PT3 - Signed

Signed by Qualified PTI

Approved by ASO

Awarded PT2 - Signed

Signed by ASO

Approved by HQSOPT

Awarded PT1 - Signed

Signed by HQSOPT

PT Aptitude	Comments Box	Instructor's Name	Rank/Rate
		Instructor's Signature	
PT3		Cadet's Signature	Date
		Instructor's Name	Rank/Rate
Pre PT2		Instructor's Signature	
		Cadet's Signature	Date
PT2		Instructor's Name	Rank/Rate
		Instructor's Signature	
Pre PT1		Cadet's Signature	Date
		Instructor's Name	Rank/Rate
PT1		Instructor's Signature	
		Cadet's Signature	Date